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Education/Work Experience

08/2020- 05/2022 Executive MBA Program- Boise State University
10/2019- Present President, Idaho Shoulder to Hand Specialists, P.C., Boise, ID
7/2019-10/2019 Licensing, Credentialing, & Formation of Idaho Shoulder to Hand Specialists, P.C., Eagle, ID
9/2017 CAQ Hand Surgery, American Board of Orthopedic Surgery
9/2017 Board Recertification, American Board of Orthopedic Surgery
10/2011 – 7/2019 Medical Director & Chief of Upper Extremity Surgery:
The Shoulder, Elbow, Wrist, & Hand Center,
Mercy Medical Center, Baltimore, MD
6/2011- 10/2011 Organization & Creation of The Shoulder, Elbow, Wrist, & Hand Center
1/2009 - 6/2011 Shoulder, Elbow, Wrist, & Hand Specialist
Eastern Orthopedics & Sports Medicine, Hartford, CT
1/2009 - 6/2011 Clinical Adjunct Faculty of Orthopedics, University of Connecticut
School of Medicine and Physical Therapy
8/2005 – 12/2008 Assistant Professor of Shoulder, Elbow, Wrist, & and Hand Surgery
SUNY Upstate Medical University, Syracuse, NY
7/2007 Board Certification, American Board of Orthopedic Surgery
8/2004- 8/2005 MD, Fellowship: *Shoulder and Elbow Surgery*
The Rothman Institute, Thomas Jefferson University Hospital
8/2003 – 8/2004 MD, Fellowship: *Hand and Wrist Surgery*
The Philadelphia Hand Center, Thomas Jefferson University Hospital
7/1999 – 7/2003 MD, Residency: *Orthopedic Surgery*
Thomas Jefferson University Hospital
6/1998 – 6/1999 MD, Internship: *General Surgery*
Thomas Jefferson University Hospital
8/1994 – 5/1998 MD, Medical School
Robert Wood Johnson Medical School, New Jersey
8/1990 – 5/1994 BS-BME, *Biomedical Engineering*, Magna Cum Laude
Johns Hopkins University, Baltimore, MD

Active Licenses

- Idaho

Inactive Licenses

- Connecticut
- New York
- Pennsylvania
- Maryland
- Colorado

Publications and Presentations

- ***Reverse Shoulder Arthroplasty Glenoid Fixation: Is there a benefit in using four instead of two screws?*** Nanavati V, James J, Allison M, Werner F, McBride D, Basu N, Sutton, L. *Journal of Shoulder and Elbow Surgery: Vol. 22(8) 1030-6. August 2013*
- ***Reverse Shoulder Arthroplasty Fixation: Is there a benefit of using 4 screws vs. 2?*** Nanavati V, Werner, F, Sutton L. Poster Presentation, ORS national meeting, January 2011
- ***Does glenoid baseplate geometry affect its fixation in reverse shoulder arthroplasty?*** Nanavati V, Werner F, James J, Huffman K, Sutton L. *Journal of Shoulder and Elbow Surgery: Vol 21, Issue 7, pgs 917-924, July 2012*
- ***Optimizing Glenoid Base Plate Fixation during Reverse Shoulder Arthroplasty using 3-D Computer Generated Modeling,*** Nanavati V, Werner F, Sutton L. *Journal of Shoulder and Elbow Surgery: 2010 19(5); 664-669*
- ***Optimizing Glenoid Base Plate Fixation during Reverse Shoulder Arthroplasty using 3-D Computer Generated Modeling,*** Nanavati V, Werner F, Sutton L. Podium Presentation, Orthopaedic Research Society, ORS/AAOS national meeting, March 2008
- ***Acute Dyspnea in a 10 Year Old Boy after a fall.*** Choi J, Mcfadden D, O'Connor F, Nanavati V. Case Report, *Current Sports Medicine Reports*, March/April 2008
- ***Distal Biceps Tendon Repair: A Critical Review of Techniques,*** Nanavati V, Setter K, Choi J, Klena K, *Current Opinion in Orthopaedics: Vol 18(4) July 2007*
- ***Biomechanical Analysis of Proximal Row Carpectomy with and without allograft meniscus interposition,*** Nanavati V, Werner F, Klena J. *Journal of Hand Surgery, February 2009.*
- ***Biomechanical Analysis of Proximal Row Carpectomy with and without allograft meniscus interposition,*** Nanavati V, Werner F, Klena J. Poster Presentation, ASSH national meeting, September 2007; ORS/AAOS national meeting, March 2008
- ***Acute Glenohumeral Instability: Diagnosis and Treatment,*** Nanavati V, Lazarus M. *Adult Reconstruction, Berry D and Steinman S. Adult Reconstruction, Lippincott and Wilkins, 2007. 1st Edition*
- ***Nerve Conduits,*** Nanavati V, Taras J, Steelman P. *J Hand Therapy, April-June 2005; Review.*
- ***Ultrasonographic Screening for Deep Vein Thrombosis after Arthroplasty.*** Nanavati V, Rajput V. Letter to Editor, *Annals of Internal Medicine, April 1998; 128;7; page 106*

Professional Activities and Committees

8/2021	Becker's Panelist: Transition to Outpatient Total Joints and Spine Surgery
5/2021	Webinar Panelist: Shoulder Arthroplasty; Transitioning to the ASC TSA
2013-2018	OR Value Analysis Committee, Mercy Medical Center, Baltimore, MD
10/2019	Guest Lecturer: APRN/RNFA National Conference
2/2018	Faculty: Maryland Orthopedic Association
5/2017	Faculty: LIMA Shoulder Training Course
5/2017	Faculty: ATI Therapy Worker's Compensation Meeting
10/2015	Traveling Fellowship: Advanced Shoulder Reconstruction, Germany
8/2014	Faculty: LIMA Advanced Shoulder Arthroplasty Course
3/2013	Faculty: ATI Therapy CME Mid-Atlantic Region Orthopedic Seminar

8/2012	Faculty: Mid-Atlantic Arthrex Shoulder Course
1/2011	Design Consultant: Synthes Intramedullary Clavicle Nail Lab – Salzburg Austria
8/2010	Faculty: Synthes EPOCA Total Shoulder Arthroplasty Training Course
2/2009	Faculty: Synthes EPOCA Total Shoulder Arthroplasty Training Course
1/2009	Faculty: AAOS/ASES Shoulder and Elbow: Surgical Techniques & Management
9/2008	Faculty: Synthes OR Nursing/Secondary Provider Orthopedic Trauma Course
8/2008	Faculty: Saratoga Summer Shoulder and Elbow Symposium
8/2007	Faculty: Saratoga Summer Shoulder and Elbow Symposium
7/2007	Keynote Speaker: New York Self Insurers Association Symposium
1/2007	Faculty: AAOS/ASES Shoulder and Elbow: Surgical Techniques & Management
10/2006	Course Organizer SUNY Orthopedic Annual Meeting: Current Concepts in Diagnosis & Treatment of Common Shoulder Injuries
2005-2009	Medical records committee, University Hospital, Syracuse NY
2007-2009	Peri-operative services committee, University Hospital, Syracuse, NY
2005-2009	Co-Director of Shoulder and Elbow Service, SUNY Upstate Medical University
2006- 2008	Director: Shoulder/Elbow/ Hand Surgery Medical Student Program

Industry Experience

- Engineering/Surgical Consultant for Flower Orthopedics
- Engineering/Surgical Consultant for Synthes Inc.
- Engineering/Surgical Consultant for LIMA Inc.
- Medical Consultant for Stability Biologics
- US and European Patent Holder: Anatomic Locking Intramedullary Clavicle Fixation Device for Fractures: Nanavati V, Paci J, Werner F, Sutton L, SUNY Upstate Medical University

Research Experience

- 2005-2009 Medical Director: Upper Extremity Musculoskeletal Research Lab, SUNY Upstate, Syracuse NY
- 2008 -2010 Lead Engineer/Designer: Anatomic Curved Intramedullary Locking Clavicle Nail
- 2005-2008 3D Computer Modeling and Structural Analysis of Clavicular Anatomy
- 2004-2005 Effects of Shortening/Angulation/Displacement of Mid-shaft Clavicle Fractures on Shoulder Biomechanics
- 2006-2008 3D Computer Modeling of 2 and 4 Screw Reverse Shoulder Arthroplasty Baseplate Configurations
- 1998 Effects of Medication and Natural Supplementation on High Altitude Sickness, Everest Base Camp
- 1993-1994 SERVME: Storable Elevator and Release for Volunteers for Medical Engineers – Portable Self-Contained Elevator for Handicapped Access

Professional Organizations

- ASSH: Active Member (2020)
- ASES: Associate Member (2020)
- Fellow: American Academy of Orthopedic Surgeons (2009)
- AAOE – American Association of Orthopedic Executives: Active Member (2018)
- Jefferson Hand Club
- Phoenix Group – Shoulder and Elbow Surgeons (Thomas Jefferson University Alumni)
- Maryland Orthopedic Association
- Mid-Atlantic Shoulder and Elbow Surgeons
- New England Shoulder and Elbow Surgeons

Honors and Awards

- Tau Beta Pi – National Engineering Honor Society
- 2nd Place – American Society of Mechanical Engineers Outstanding Design Project
- Silver Medalist – US National Taekwondo Team – 1993
- International Certification – Taekwondo Instructor - 1990

Volunteer Experience

- Tour Orthopedic Physician – Tour De Force Law Enforcement Annual Fundraising Bike Ride (since 2012)
- Emergency Response Team - Earthquake Disaster Relief, India (2/2001)
- Physician Volunteer – Special Olympics (since 2005)
- Board of Directors, United State Taekwondo Alliance: Northeast Region (1993-2005)
- Board of Directors, United Taekwondo Academies (1998-2009)